

# Essential Workers

Healthcare, First Responders, Grocery, Retail, Pharmacy

or anyone struggling to cope with pandemic conditions

People like you on the front lines provide essential services for everyone, and we need you to be well, both physically and mentally. Talking with a trained counselor can help manage your stress. It's **free and confidential** - call now.



## CALL HOURS

Monday	9a-7p
Tuesday	9a-7p
Wednesday	9a-6p
Thursday	9a-5p
Friday	9a-5p

**—FREE—**

**CONFIDENTIAL**

REFERRALS to

**LOCAL RESOURCES**

The FRONTLINE WARMLINE is not intended for crisis calls.

Persons in crisis should call the **24/7 Tri-County Crisis Hotline 800-351-7347.**



Centers of Midwest Ohio  
Darke ~ Miami ~ Preble County



*Your support for the Tri-County Mental Health Levy makes it possible.*